



-MEDIA RELEASE-

**For Immediate Release:
December 5, 2011:**

One Impressive Accomplishment for KidSport's Dual Marathon Man

Calgary – Garrath Douglas has successfully accomplished his goal of running 2 marathons in 2 cities in 2 different US states in one day, separated by a 90 minute plane flight, to raise awareness and funds for KidSport Calgary.

Yesterday, Sunday December 4, 2011, Garrath Douglas was in Sacramento to run the California International Marathon beginning at 7am. Once completed, he rushed to the local airport to catch a noon hour flight that took him to Las Vegas, Nevada so he could be at the start line to participate in the Las Vegas Rock n Roll Marathon at 4pm.

His Sacramento time of 3 hours 25.03 minutes was slightly faster than the projected time of 3:30 he needed to run in order to be on time for his flight to Las Vegas. Garrath then completed the Las Vegas marathon in 3 hours 38.08 minutes. That's 84.4 km of running in one day over slightly less than 7 hours and 4 minutes.

Garrath is still in Las Vegas recovering from his feat and was not immediately available for comment. Although the amount of funds raised in donations for KidSport Calgary in recognition of Garrath's attempt has not yet been tallied, the awareness of his Two Marathons in One Day initiative has been far-reaching. The 'bible of the running world' – Runner's World Magazine – has reported on Garrath's feat and there is similar interest from Canadian Running Magazine.

-30-

For more information, contact:

Garrath Douglas
T: 403-479-8234 E: gdouglas@teraenv.com

Mark Kosak, KidSport Calgary Regional Manager
T: 403-202-0251 E: markk@kidsportcalgary.ca

About KidSport Calgary

[KidSport Calgary](http://www.kidsportcalgary.ca) provides financial support to families in order to help overcome the monetary barriers that prevent some children from getting into the game, gym or studio. Focusing on the economic, social and educational needs of the community, KidSport promotes sport as a tool to develop strong and healthy communities. Since its inception in 1995, KidSport Calgary has NEVER denied support for a qualified applicant. That translates into KidSport Calgary distributing almost \$3.2 million to help over 15,000 young athletes play in more than 50 different organized sport activities over the past 15 years. KidSport Calgary is the most successful KidSport Chapter in Canada in terms of funds distributed and families helped.